

20th November 2023

Dear parent/carer,

R.E: Support/Training Sessions for Parents/ Carers

At the Priory Belvoir Academy we aim to support for student in all aspects of school life. This often includes supporting parents/carers with difficulties and emerging themes at home. In recent years we have seen a spike in parents/carers requesting support or advice based on their young person's behaviours, interactions, safety within the community, online safety and mental wellbeing.

As a response, we have planned and arranged a series of supportive/training sessions available to parents to help them navigate and best support their child. These sessions will be arranged in an informal and friendly environment where we will have a variety of presentations from external agencies and professionals whilst also allowing time for parents/ carers to ask questions and seek advice.

Please see below the range of evening sessions available.

- 14th December 2023. 5-6pm **Navigating Teenage Mental Health: Sharing best practising and tips to supporting teenagers with low moods and self-esteem concerns.**
- 29th February 2024 5-6pm **Navigating Parenting a Teenager:** Sharing best practise and tips to support parent and teenagers who are experiences difficulties at home and/or school with unwanted behaviours.
- 2nd May 2024 5-6pm **Navigating Teenagers and Online Safety:** Sharing best practise and tips of how to protect and support teenagers online.

To sign up to these events please can you complete the following form.

<https://forms.office.com/Pages/ResponsePage.aspx?id=a4b7hEpr50GQiiDXWqYdgVNIKmfUI0FGvgIKGENKJStUOVg2N0NWRTdBRzdDOTAxSkxUWFA5OVg0OC4u>

Furthermore, Lincolnshire Police have linked up with PACE (Parent's Against Child Exploitation) to offer a free webinar for parents and carers around County Lines within Lincolnshire. This webinar will take place on **7th December from 7-8:30pm.** During the TEAMS sessions specialist workers will discuss:

Headteacher: Mr L Newton

The Priory Belvoir Academy, Barkestone Lane, Bottesford, Nottingham NG13 0AX

Tel: 01949 844920 **Email:** generalenquiries@belvoiracademy.co.uk **www.belvoiracademy.co.uk**

The Priory Belvoir Academy is part of The Priory Federation of Academies Trust. For further information please contact:

The Priory Federation of Academies Trust, Cross O'Cliff Hill, Lincoln LN5 8PW **Telephone:** 01522 889977

Registered Company No: 6462935. DfE Registration No: 138819

- What county lines and child exploitation is.
- Understand the signs that your child might be at risk or involved.
- Learn how offenders groom and exploit children.
- Understand what is happening in your local area.

Sign up is required <https://www.eventbrite.co.uk/e/county-lines-in-lincolnshire-free-parent-webinar-tickets-759660403717?aff=oddtcreator>

Ask Dan Anything Online Safety Q and A for Secondary School Parents 13th December 6-7:30pm:

In the Keeping Safe Online Survey of 2023 Lincolnshire Children who reported having less parental supervision online were more likely to report being bullied online, effective parental/guardian supervision of a child's online activity reduced the risk of children being bullied online by up to 39%. The online space can feel overwhelming with new apps and trends, it can be hard to keep up! We want to give you the information and tools to help you feel confident enough to protect your children and young people from online harm. Dan Hawbrook our resident Online Guru will chat you through different apps, online trends, parental controls and any other burning questions you may have! Sign up is required.

<https://www.tickettailor.com/events/lincolnshirecountycouncil/1053896>

All of these events are open to all parents/ carers or wider family members of student's that attend our academy.

Yours Faithfully

Mr M Colton
Deputy SENCo & Safeguarding Officer
The Priory Belvoir Academy