

STREATERIES

LUNCH MENU: WORLD



WEEK 1
Autumn Winter 2025/26
03/11/25, 24/11/25,
15/12/25, 05/01/26,
26/01/26, 16/02/26,
09/03/26, 30/03/26



**INCREDIBLE
INDIA**

MON

Masala Meatball Balti

Butternut Tomato
Chilli Masala V

Garlic Rice, Slapped V
Cucumber & Watermelon
Salad



**PAN
ASIAN**

TUE

Katsu Spiced Chicken
Bao Bun

Sticky Ginger Hoisin
Vegetable Bao V

Low Salt & Chilli Smashed &
Crispy New Potatoes & Pickled
Veg Salad V



**Home
STYLE**

WED

Roast Chicken & Thyme
Toad in the Hole

Veggie Banger Toad
in the Hole V

Roasties, Smashed
Honey Parsnips &
Seasonal Greens V



**AMERICAN
Diner**

THU

Aspens Hand Pressed Beef
Burger, Caramelised Onion
& Mac Sauce

Cheese & Onion Burger V
with Smoky Tomato Relish

Roasted Root Veg V
Wedges & Green Salad



**Chips
& More**

FRI

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

MAINS

SIDES

PASTA & NOODLE POTS

Chinese Style Char Sui BBQ
Chicken Topped Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Protein Packed
Spicy Pork & Lentil Ragù

DELI HOT

Southern Chicken
Strips Wrap

Macaroni
Pizza Slice

BBQ Pink Onion
Deli Dog

Classic Pepperoni

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY

FILLINGS

Masala Meatball Balti

Japanese Curry Chicken

BBQ Beans & Pink Onion

Cheese, Caramelised
Onion & Mac Sauce

Loaded
All The Classics

BIG BOWL SALAD

Chicken Avocado
Caesar

Chicken Avocado
Caesar

Grain & Seed
Health Bowl

Grain & Seed
Health Bowl

Special Salad

DESSERTS

Chai Spiced Baked
Rice Pudding

Lemon Meringue Apple
Crumble & Custard

Aspens
Toffee Cookies

Apple Tart Tatin
& Custard

Brownie
Blondie Ripple

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: WORLD



WEEK 2
Autumn Winter 2025/26
10/11/25, 01/12/25,
22/12/25, 12/01/26,
02/02/26, 23/02/26,
16/03/26



Sabor de
Portugal

MON

Peri Chicken & Macho Pea
Pasta Bake Chilli Lime Aioli

Peri Crispy Chickpea &
Butterbean Pasta Bake V

Zesty Dressed
Roast Broccoli V



HACIENDA
MEXICANA

TUE

Mexican Beef & Smashed
Avocado Rice Bowl

Smokey Chipotle Bean
& Avocado Rice Bowl V

Tortilla Croutons, Pink
Onion & Crisp Lettuce V



Home
STYLE

WED

Slow Roast Garlic &
Rosemary Pork with
Apple Stuffing

Cauliflower & Broccoli
Cheesy Bake V

Roasties, Savoy Cabbage
& Cauliflower V



MEZZE
MIX IT UP!

THU

Lebanese 7 Spice Chicken
& Hummus Flatbread

Baharat Potato, Lentil &
Tahini Roast V

Fattoush Salad V



Chips
& More

FRI

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Thai Green
Vegetable Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Super Green Lentil Pesto

DELI HOT

BBQ & Crispy Onion Wings

Crispy Chicken Burger

Thai Curry Pizza Slice

Curried Chicken &
Spinach Wrap

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY

FILLINGS

Spicy Peri Chicken
& Cheese

Mexican Beef

Meatball Marinara

Lebanese Chicken &
Mint Yoghurt

Loaded
All The Classics

BIG BOWL SALAD

Indian Chickpea
Greens & Mint Yoghurt

Indian Chickpea
Greens & Mint Yoghurt

Honey Mustard Chicken
Cobb Salad

Honey Mustard Chicken
Cobb Salad

Special Salad

DESSERTS

Cinnamon Raisin
Oat Cookie

Banana Sticky Toffee
Pudding & Custard

Custard Tart

Coconut & Pineapple
Upside Down Cake

Cheesecake
Cookie Slice

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: WORLD



WEEK 3
Autumn Winter 2025/26
17/11/25, 08/12/25,
29/12/25, 19/01/26,
09/02/26, 02/03/26,
23/03/26



CARIBBEAN
fusion

MON

Jerk Pan Chicken Focaccia
Mango Mayo & Pineapple
Slaw

Jerk Charred Aubergine
& Smashed Chickpea Focaccia

MAINS

SIDES

Sweet Potato
Island Salad



Cocina
ESPAÑA

TUE

Smoky Spanish Sausages
Spiced Tomato Sauce
Aioli

Smoky Spanish Quorn
Sausages Spiced
Tomato Sauce Aioli

Crispy Patatas, Green Beans
& Peas



Home
STYLE

WED

Maple Glazed Gammon
with Crispy Smashed New
Potatoes

Honey Carrot & Apple
Wellington

Cabbage & Swede



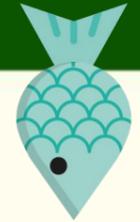
AUTHENTIC
Italian

THU

Pork Ragu
Lasagne al Forno

Spinach, Cream Cheese &
Roasted Veg Lasagne

Crusty House Baked Bread,
Roast Carrots
or Garden Salad



Chips
& More

FRI

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

**PASTA &
NOODLE POTS**

Teriyaki Chicken Noodles

Protein
Lean Chicken Bolognese

Classic Meatball Pasta

Pulled Ham Carbonara

Classic Chicken
Chow Mein

DELI HOT

Mexican Hot Pizza Slice

BBQ
Cornflake Crunch Wings

Masala Mayo Deli Dog

Chinese Style
Chicken Wrap

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY

FILLINGS

Jerk Chicken & Pineapple Slaw

Smoky Spanish Beans
& Aioli

Masala Mayo, Cheese &
Crispy Onion

Pulled Ham
Carbonara Sauce

Loaded
All The Classics

**BIG BOWL
SALAD**

Roasted Tomato & Pepper
Pasta Salad

Roasted Tomato & Pepper
Pasta Salad

Citrus Chicken, Spinach
& Mozzarella

Citrus Chicken, Spinach
& Mozzarella

Special Salad

DESSERTS

Old School Jam
Cornflake Crunch

Baked Cheesecake

Banana Choc
Chip Loaf

Maple Apple Pie
& Whipped Cream

Aspens Best Ever
Chocolate Brownies

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO