

The Priory Belvoir Academy: Curriculum Overview

"Opportunity and Achievement for All"

SUBJECT	PE	CURRICULUM LEADER	R Haffenden	YEAR GROUPS	10 and 11
ORGANISATION OF THE SUBJECT	3 x one hour lessons per week at KS4 plus one core PE lesson				
Key Concepts (The big ideas underpinning this subject)		Key Skills in this subject			
Students in examination PE will develop understanding of the physiology and anatomy of the human body and the engagement patterns of different groups and how they relate to the mind. They will also develop their practical ability.		Students will develop their practical skills and performance in a range of physical activities and sports. They will also learn theoretical concepts which they will need to apply to examinations and non-examined assessment.			
What will be learnt in this subject?		How will learning take place in this subject?			
Skills, tactics and how to produce effective practical performance in a range of different activities. Theoretical concepts including: <ul style="list-style-type: none"> • Applied anatomy and physiology • Biomechanics of sporting actions • Methods and principles of training • Components of fitness • Sports psychology • Engagement patterns in sport and exercise • Commercialisation of sport • Diet 		Practical lessons covering the following sports: handball, football, netball, basketball, volleyball, table tennis, athletics, trampolining, rugby, tennis, badminton. Theory lessons, homework and controlled assessment on the application of the theoretical content of the course. This will include note taking, role play, practical modelling, fitness testing and the use of case studies.			
What methods of assessment will be used?		How can you support learning and progress in this subject?			
2 x 1 hour end of course exams 1 x controlled assessment assignment on analysing and evaluating performance Practical assessment in 3 different sports		Monitor your child's school work and homework Make sure they have access to the relevant revision materials Ensure that they are taking part in sport outside of lesson times			
Equipment needed for this subject.		Learning outside the classroom: enrichment opportunities in this subject.			
Priory Belvoir PE kit as in KS3 plus specific personal equipment for certain sports for example badminton racket.		Involvement in the extra-curricular programme is essential to being successful in this subject.			